

# VAUGHAN JIU-JITSU ACADEMY

## MONDAY

🥋 NOON DRILLING CLASS  
• 12:00 - 1:30PM

🥋 CHILDREN BEGINNERS DOJO 2

🥋 CHILDREN LEVEL 1 DOJO 1

🥋 CHILDREN LEVEL 2 DOJO 3  
• 6:00 - 6:45PM

🥋 CHILDREN LEVEL 3 DOJO 3  
• 6:45 - 7:30PM

🥋 FUNDAMENTALS (DOJO 1 & 2)  
• 7:00 - 8:00PM

🥋 MUAY THAI DOJO 3  
• 8:00 - 9:30PM

🥋 COMPREHENSIVE (DOJO 1 & 2)  
• 8:05 - 9:30PM

## TUESDAY

🌞 MORNING EXECUTIVE CLASS  
• 6:30 - 7:30AM

🥋 NOON NOGI DOJO 1  
• 12:00 - 1:00PM

🥋 MUAY THAI DOJO 1  
• 6:00 - 7:30PM

🥋 NOGI COMPREHENSIVE DOJO 1  
• 8:00 - 9:30PM

## WEDNESDAY

🥋 NOON DRILLING CLASS  
• 12:00 - 1:30PM

🥋 CHILDREN BEGINNERS DOJO 2

🥋 CHILDREN LEVEL 1 DOJO 1

🥋 CHILDREN LEVEL 2 DOJO 3  
• 6:00 - 6:45PM

🥋 CHILDREN LEVEL 3 DOJO 3  
• 6:45 - 7:30PM

🥋 FUNDAMENTALS (DOJO 1 & 2)  
• 7:00 - 8:00PM

🥋 MUAY THAI DOJO 3  
• 8:00 - 9:30PM

🥋 COMPREHENSIVE (DOJO 1 & 2)  
• 8:00 - 9:30PM

## THURSDAY

🌞 MORNING EXECUTIVE CLASS  
• 6:30 - 7:30AM

🥋 MUAY THAI DOJO 1  
• 12:00 - 1:30PM

🥋 KIDS DRILL/OPEN CLASS LEVEL 2 & 3 DOJO 1  
• 5:15 - 6:00PM

🥋 WOMENS CLASS DOJO 1  
• 6:00 - 7:00PM

🥋 COMPREHENSIVE (DOJO 1 & 2)  
• 7:00 - 8:30PM

## FRIDAY

🌞 MORNING EXECUTIVE NOGI  
• 6:30 - 7:30AM

🥋 COMP TRAINING TEENS & ADULTS DOJO 1  
• 5:30 - 6:30PM

🥋 MUAY THAI DOJO 3  
• 6:00 - 7:30PM

🥋 OPEN MAT SESSION TEENS & ADULTS DOJO 1 & 2  
• 6:30 - 8:30PM

## SATURDAY

🥋 KIDS COMPETITOR CLASS LEVEL 3 DOJO 1  
• 9:00 - 9:45AM

🥋 CHILDREN BEGINNERS DOJO 2

🥋 CHILDREN LEVEL 1 DOJO 1

🥋 CHILDREN LEVEL 2 DOJO 3  
• 10:00 - 10:45AM

🥋 NOGI/WRESTLING COMPREHENSIVE DOJO 1  
• 11:00 - 12:30PM

🥋 MUAY THAI DOJO 3  
• 11:00 - 12:30PM

🥋 SUNDAY OPENMAT AT YORKDALE M/A  
• 12:00 - 2:00PM